



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

Participant ID

Variable #	1	Usage Notes:	none
Sas Name:	ID	Categories:	Study: Administration
Sas Label:	Participant ID		
Type:	Continuous		

F146 Days since enrollment

Variable #	2	Usage Notes:	none
Sas Name:	F146DAYS	Categories:	Study: Administration
Sas Label:	F146 Days since enrollment		
Type:	Continuous		

F146 Current weight lbs

What is your current weight?

Variable #	3	Usage Notes:	none
Sas Name:	WTCUR_6	Categories:	Medical History: Height/Weight History Physical Measurements: Height/Weight History
Sas Label:	Current weight lbs		
Type:	Continuous		

F146 Highest weight in past year

In the past year, what was your highest weight?

Variable #	4	Usage Notes:	none
Sas Name:	WTMAX_6	Categories:	Medical History: Height/Weight History Physical Measurements: Height/Weight History
Sas Label:	Highest weight in past year		
Type:	Continuous		

F146 Lowest weight in past year

In the past year, what was your lowest weight?

Variable #	5	Usage Notes:	none
Sas Name:	WTMIN_6	Categories:	Medical History: Height/Weight History Physical Measurements: Height/Weight History
Sas Label:	Lowest weight in past year		
Type:	Continuous		

F146 In 3 yrs lost 5 lbs on purpose

In the past 3 years, did you lose five or more pounds on purpose at any time?

Variable #	6	Usage Notes:	none
Sas Name:	LOST5LBP_6	Categories:	Diet Medical History: Height/Weight History Physical Measurements: Height/Weight History
Sas Label:	In 3 yrs lost 5 lbs on purpose		
Type:	Categorical		

Values	
0	No
1	Yes
9	Don't know



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Data File: f146_av6_os_pub

File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 5lbs on purpose/Change in diet

Change in diet

Variable # 7**Sas Name:** LWPDiet_6**Sas Label:** 5lbs on purpose/Change in diet**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yr lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Values**

0	No
1	Yes

F146 5lbs on purpose/Increased exercise

Increased exercise

Variable # 8**Sas Name:** LWPEXER_6**Sas Label:** 5lbs on purpose/Increased exercise**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yr lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Physical Activity
Physical Measurements: Height/Weight History**Values**

0	No
1	Yes

F146 5lbs on purpose/Prescription diet pill

Prescription diet pill (e.g., Redux, Meridia, Xenical)

Variable # 9**Sas Name:** LWPPPL_6**Sas Label:** 5lbs on purpose/Prescription diet pill**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yr lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History**Values**

0	No
1	Yes

F146 5lbs on purpose/Over-the-counter diet pill

Over-the-counter diet pill (e.g., Acutrim)

Variable # 10**Sas Name:** LWPNPPL_6**Sas Label:** 5lbs on purpose/Over-the-counter diet pill**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yr lost 5 lbs on purpose".**Categories:** Diet
Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History**Values**

0	No
1	Yes



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F146 5lbs on purpose/Commercial wt loss program

Commercial weight-loss program

Variable # 11**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Sas Name:** LWPCMPRG_6**Sas Label:** 5lbs on purpose/Commercial wt loss prog**Categories:** Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Type:** Categorical**Values**

0	No
1	Yes

F146 5lbs on purpose/Started or increased smoking

Started or increased smoking

Variable # 12**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Sas Name:** LWPSMKNG_6**Sas Label:** 5lbs on purpose/Started, increased smoking**Categories:** Lifestyle: Smoking
Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Type:** Categorical**Values**

0	No
1	Yes

F146 5lbs on purpose/Surgical procedure

Surgical procedure (such as intestinal bypass or stomach balloon)

Variable # 13**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Sas Name:** LWPSRGRY_6**Sas Label:** 5lbs on purpose/Surgical procedure**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Type:** Categorical**Values**

0	No
1	Yes

F146 5lbs on purpose/Other diet method

Other (Specify)

Variable # 14**Usage Notes:** Sub-question of F146 V1 Q4 "In 3-yrs lost 5 lbs on purpose".**Sas Name:** LWPOTHER_6**Sas Label:** 5lbs on purpose/Other diet method**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Type:** Categorical**Values**

0	No
1	Yes



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Data File: f146_av6_os_pub

File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 in 3 yrs lost 5 lbs not on purpose

In the past 3 years, did you lose five or more pounds not on purpose at any time?

Variable # 15

Usage Notes: none

Sas Name: LOST5LBA_6

Sas Label: in 3 yrs lost 5 lbs not on purpose

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Type: Categorical

Values

0	No
1	Yes
9	Don't know

F146 5lbs not on purpose/Illness

Illness

Variable # 16

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".

Sas Name: LWAILLNS_6

Sas Label: 5lbs not on purpose/Illness

Categories: Medical History
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Type: Categorical

Values

0	No
1	Yes

F146 5lbs not on purpose/Depression

Depression

Variable # 17

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".

Sas Name: LWADPRS_6

Sas Label: 5lbs not on purpose/Depression

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Type: Categorical

Values

0	No
1	Yes

F146 5lbs not on purpose/Stressful time

Stressful time

Variable # 18

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".

Sas Name: LWASTRES_6

Sas Label: 5lbs not on purpose/Stressful time

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Type: Categorical

Values

0	No
1	Yes

**F146 5lbs not on purpose/Life events**

Life events (e.g., change in job or marital status)

Variable # 19**Sas Name:** LWALEVNT_6**Sas Label:** 5lbs not on purpose/Life events**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral**Values**

0 No

1 Yes

F146 5lbs not on purpose/Loss of appetite

Loss of appetite

Variable # 20**Sas Name:** LWALSAPP_6**Sas Label:** 5lbs not on purpose/Loss of appetite**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Values**

0 No

1 Yes

F146 5lbs not on purpose/Loss of taste

Loss of taste

Variable # 21**Sas Name:** LWALSTST_6**Sas Label:** 5lbs not on purpose/Loss of taste**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Values**

0 No

1 Yes

F146 5lbs not on purpose/Other weight loss

Other (Specify)

Variable # 22**Sas Name:** LWAOTHER_6**Sas Label:** 5lbs not on purpose/Other weight loss**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".**Categories:** Medical History: Height/Weight History
Physical Measurements: Height/Weight History**Values**

0 No

1 Yes



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F146 5lbs not on purpose/Don't know

Don't know

Variable # 23
Sas Name: LWADNTNO_6
Sas Label: 5lbs not on purpose/Don't know
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q5 "in 3yrs lost 5 lbs not on purp".
Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0	No
1	Yes

F146 Walk more than 10 minutes

Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

Variable # 24
Sas Name: WALKSWK_6
Sas Label: Walk more than 10 minutes
Type: Categorical

Usage Notes: none
Categories: Physical Activity

Values

0	Rarely or never
1	1-3 times each month
2	1 time each week
3	2-3 times each week
4	4-6 times each week
5	7 or more times each week

F146 How many minutes walking

When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Variable # 25
Sas Name: MINSWALK_6
Sas Label: How many minutes walking
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q6 "Walk more than 10 min".
Categories: Physical Activity

Values

1	Less than 20 minutes
2	20-39 minutes
3	40-59 minutes
4	1 hour or more



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F146 Usual walking speed

What is your usual speed?

Variable # 26
Sas Name: WALKSPD_6
Sas Label: Usual walking speed
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q6 "Walk more than 10 min".
Categories: Physical Activity

Values

2	Casual strolling or walking
3	Average or normal
4	Fairly fast
5	Very fast
9	Don't know

F146 Strenuous exercise

Not including walking outside the home, how often each week (7 days) do you usually do STRENUOUS OR VERY HARD EXERCISE (You work up a sweat and your heart beats fast). For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

Variable # 27
Sas Name: HDEXFREQ_6
Sas Label: Strenuous exercise
Type: Categorical

Usage Notes: none
Categories: Physical Activity

Values

0	None
1	1 day per week
2	2 days per week
3	3 days per week
4	4 days per week
5	5 or more days per week

F146 Strenuous/how long

How long do usually exercise like this at one time?

Variable # 28
Sas Name: HARDMINS_6
Sas Label: Strenuous/how long
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q7 "Strenuous exercise".
Categories: Physical Activity

Values

1	Less than 20 minutes
2	20-39 minutes
3	40-59 minutes
4	1 hour or more



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F146 Moderate exercise

Not including walking outside the home, how often each week (7 days) do you usually do MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

Variable # 29

Sas Name: MDEXFREQ_6

Sas Label: Moderate exercise

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values	
0	None
1	1 day per week
2	2 days per week
3	3 days per week
4	4 days per week
5	5 or more days per week

F146 Moderate/ how long

How long do usually exercise like this at one time?

Variable # 30

Sas Name: MODMINS_6

Sas Label: Moderate/ how long

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q8 "Moderate exercise".

Categories: Physical Activity

Values	
1	Less than 20 minutes
2	20-39 minutes
3	40-59 minutes
4	1 hour or more

F146 Mild exercise

Not including walking outside the home, how often each week (7 days) do you usually do MILD EXERCISE. For example, slow dancing, bowling, golf.

Variable # 31

Sas Name: MLEXFREQ_6

Sas Label: Mild exercise

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values	
0	None
1	1 day per week
2	2 days per week
3	3 days per week
4	4 days per week
5	5 or more days per week



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F146 Mild /how long

How long do you usually exercise like this at one time?

Variable # 32

Sas Name: MILDMINS_6

Sas Label: Mild /how long

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q9 "Mild exercise".

Categories: Physical Activity

Values

1	Less than 20 minutes
2	20-39 minutes
3	40-59 minutes
4	1 hour or more

F146 Hours doing heavy indoor chores

About how many hours each week do you usually spend doing heavy (strenuous) indoor household chores such as scrubbing floors, sweeping, or vacuuming?

Variable # 33

Sas Name: INDRCHOR_6

Sas Label: Hours doing heavy indoor chores

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values

1	Less than 1 hour
2	1-3 hours
3	4-6 hours
4	7-9 hours
5	10 or more hours

F146 Months of yard work per year

About how many months during the year do you usually do things in the yard, such as mowing, raking, gardening, or shoveling snow?

Variable # 34

Sas Name: YRDWORKM_6

Sas Label: Months of yard work per year

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values

1	Less than 1 month
2	1-3 months
3	4-6 months
4	7-9 months
5	10 or more months



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F146 Hours per week doing yard work

When you do these things in the yard, how many hours each week do you do them?

Variable # 35

Sas Name: YRDWRKH_6

Sas Label: Hours per week doing yard work

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q11 "Months of yard work per year".

Categories: Physical Activity

Values

1	Less than 1 hour
2	1-3 hours
3	4-6 hours
4	7-9 hours
5	10 or more hours

F146 How many hours sitting

During a usual day and night, about how many hours do you spend sitting? Be sure to include the time you spend sitting at work, sitting at the table eating, driving or riding a car or bus, and sitting up watching TV or talking.

Variable # 36

Sas Name: SITTING_6

Sas Label: How many hours sitting

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values

1	Less than 4 hours
2	4-5 hours
3	6-7 hours
4	8-9 hours
5	10-11 hours
6	12-13 hours
7	14-15 hours
8	16 or more hours

F146 Hours sleeping or lying down

During a usual day and night, about how many hours do you spend sleeping or lying down? Be sure to include the time you spend sleeping or trying to sleep at night, resting or napping, and lying down watching TV.

Variable # 37

Sas Name: SLEEPING_6

Sas Label: Hours sleeping or lying down

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sleep
Physical Activity

Values

1	Less than 4 hours
2	4-5 hours
3	6-7 hours
4	8-9 hours
5	10-11 hours
6	12-13 hours
7	14-15 hours
8	16 or more hours



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Caffeinated coffee/instant or filtered

Caffeinated coffee, either instant or paper-filtered drip (cups)

Variable # 38

Sas Name: CFINDP_6

Sas Label: Caffeinated coffee/instant or filtered

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day

F146 Other caffeinated coffee

Other caffeinated coffee, such as perked, espresso or latte (cups)

Variable # 39

Sas Name: CFOTHCFE_6

Sas Label: Other caffeinated coffee

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Decaf coffee/instant or filtered

Decaf coffee, either instant or paper-filtered drip (cups)

Variable # 40

Sas Name: CFDCINDP_6

Sas Label: Decaf coffee/instant or filtered

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day

F146 Other decaf coffee

Other decaf coffee, such as perked, espresso or latte (cups)

Variable # 41

Sas Name: CFDCOTH_6

Sas Label: Other decaf coffee

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Regular tea

Regular tea (not decaf) (cups)

Variable # 42

Sas Name: CFREGTEA_6

Sas Label: Regular tea

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day

F146 Decaf tea

Decaf tea (cups)

Variable # 43

Sas Name: CFDCFTEA_6

Sas Label: Decaf tea

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day



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F146 Soft drinks with caffeine

Soft drinks with caffeine (such as Coke, Diet Pepsi, Dr. Pepper, Mountain Dew) (12 oz. Can)

Variable # 44 Usage Notes: none

Sas Name: SODACF_6 Categories: Diet

Sas Label: Soft drinks with caffeine

Type: Categorical

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day

F146 Soft drinks without caffeine

Soft drinks without caffeine (such as Sprite, 7-Up, Diet Sprite) (12 oz. can)

Variable # 45 Usage Notes: none

Sas Name: SODANOCF_6 Categories: Diet

Sas Label: Soft drinks without caffeine

Type: Categorical

Values

1	Never or less than 1 per month
2	1-3 per month
3	1 per week
4	2-4 per week
5	5-6 per week
6	1 per day
7	2-3 per day
8	4-5 per day
9	6 or more per day

F146 Alcohol in past 3 months

During the past 3 months, have you had any drinks containing alcohol?

Variable # 46 Usage Notes: Skip patterns not applied
Back-coded from sub-questions

Sas Name: ALC3MO_6 Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Alcohol in past 3 months

Type: Categorical

Values

0	No
1	Yes



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File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 Alcohol how often

In the past 3 months, how often have you had drinks containing alcohol?

Variable # 47**Sas Name:** ALCOFTEN_6**Sas Label:** Alcohol how often**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
(skip pattern not applied)**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

1	One day per month or less
2	2-3 days per month
3	1-2 days per week
4	3-4 days per week
5	5-6 days per week
6	Everyday or about everyday

F146 How many drinks per day

In the past 3 months, on the days you drank, how many drinks did you usually have per day? (A drink is a 12 ounce glass of beer, one 4 ounce glass of wine, or one shot [1 1/4 oz.] of liquor)

Variable # 48**Sas Name:** DRNKSDAY_6**Sas Label:** How many drinks per day**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
(skip pattern not applied)**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

1	1 drink
2	2 drinks
3	3 drinks
4	4-5 drinks
5	6-7 drinks
6	8-9 drinks
7	10-11 drinks
8	12 or more drinks

F146 Alcohol not with major meal

In the past 3 months, on the days you drank, how many of those drinks did you usually drink that were not around a major meal (not around lunch, not around dinner)?

Variable # 49**Sas Name:** NOMLDRNK_6**Sas Label:** Alcohol not with major meal**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
(skip pattern not applied)**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

0	None
1	1 drink
2	2 drinks
3	3 drinks
4	4-5 drinks
5	6-7 drinks
6	8-9 drinks
7	10-11 drinks
8	12 or more drinks



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Data File: f146_av6_os_pub

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Structure: One row per participant

Population: OS participants

F146 Drinking on special occasions

Do you drink more than usual for special occasions?

Variable # 50

Sas Name: SPECOCES_6

Sas Label: Drinking on special occasions

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".

Categories: Diet: Alcohol
Lifestyle: Alcohol

Values

0	No
1	Yes

F146 How often drink on special occasions

How often does this happen?

Variable # 51

Sas Name: SPCOCOFT_6

Sas Label: How often drink on special occasions

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q15 "Alcohol in past 3 mnths".
Sub-question of F146 V1 Q15.4 "Drinking on special occasions".
(skip pattern not applied)Categories: Diet: Alcohol
Lifestyle: Alcohol

Values

1	Less than once per month
2	Once a month
3	2-3 times per month
4	Once a week or more

F146 Changed your drinking habits

In the past 3 years have you changed your alcohol drinking habits?

Variable # 52

Sas Name: AHABCHNG_6

Sas Label: Changed your drinking habits

Type: Categorical

Usage Notes: none

Categories: Diet: Alcohol
Lifestyle: Alcohol

Values

0	No
1	Yes

F146 How have you changed drinking

How have you changed your alcohol drinking? Have you:

Variable # 53

Sas Name: AHOWCHNG_6

Sas Label: How have you changed drinking

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q16 "Changed your drinking habits".

Categories: Diet: Alcohol
Lifestyle: Alcohol

Values

1	Stopped
2	Decreased
3	Increased
4	Started

**F146 Why did you make change to drinking**

Why did you make this change? (Mark one.)

Variable # 54**Usage Notes:** Sub-question of F146 V1 Q16 "Changed your drinking habits".**Sas Name:** AWHYCHNG_6**Sas Label:** Why did you make change to drinking**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Type:** Categorical**Values**

1	Concern about health problems
2	Concern about future health
8	Other

F146 Smoke cigarettes now

Do you smoke cigarettes now?

Variable # 55**Usage Notes:** none**Sas Name:** SMOKENW_6**Sas Label:** Smoke cigarettes now**Categories:** Lifestyle: Smoking**Type:** Categorical**Values**

0	No
1	Yes

F146 How many cigarette per day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 56**Usage Notes:** Sub-question of F146 V1 Q17 "Smoke cigarettes now".**Sas Name:** CIGSDAY_6**Sas Label:** How many cigarette per day**Categories:** Lifestyle: Smoking**Type:** Categorical**Values**

1	Less than 5
2	5-14
3	15-24
4	25-34
5	35-44
6	45 or more

F146 Does any smoker live with you

Does anyone living with you now smoke cigarettes regularly inside your home?

Variable # 57**Usage Notes:** none**Sas Name:** LIVSMK_6**Sas Label:** Does any smoker live with you**Categories:** Lifestyle: Smoking**Type:** Categorical**Values**

0	No
1	Yes



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Smoke inside/Husband or partner

Husband or partner

Variable # 58
Sas Name: HSBND SMK_6
Sas Label: Smoke inside/Husband or partner
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q18 "Does any smoker live with you".
Categories: Lifestyle: Smoking

Values

0	No
1	Yes

F146 Smoke inside/Son(s) or daughter(s)

Son(s) or daughter(s)

Variable # 59
Sas Name: CHILDSMK_6
Sas Label: Smoke inside/Son(s) or daughter(s)
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q18 "Does any smoker live with you".
Categories: Lifestyle: Smoking

Values

0	No
1	Yes

F146 Smoke inside/Other person

Other person/people

Variable # 60
Sas Name: OTHSMK_6
Sas Label: Smoke inside/Other person
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q18 "Does any smoker live with you".
Categories: Lifestyle: Smoking

Values

0	No
1	Yes

F146 Share work space with smokers

Do you now work in a space where people smoke cigarettes?

Variable # 61
Sas Name: SMKWORK_6
Sas Label: Share work space with smokers
Type: Categorical

Usage Notes: none
Categories: Lifestyle: Smoking

Values

0	No
1	Yes



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Have a usual medical care provider

Do you have a clinic, doctor, nurse, or physician assistant who provides your usual medical care?

Variable # 62 **Usage Notes:** none
Sas Name: CAREPROV_6 **Categories:** Health Care
Sas Label: Have a usual medical care provider
Type: Categorical

Values

0	No
1	Yes

F146 When last visit usual med care provider

When did you last visit this clinic or person? (Please give your best guess.)

Variable # 63 **Usage Notes:** Sub-question of F146 V1 Q20 "Have doctors, nurse, assistant".
Sas Name: LSTVIS_6 **Categories:** Health Care
Sas Label: When last visit usual med care provider
Type: Categorical

Values

1	In the last 3 months
2	4-6 months ago
3	7-12 months ago
4	Over a year ago

F146 Health care provider changed in last 3 yrs

Has your usual health care provider changed in the past 3 years?

Variable # 64 **Usage Notes:** Sub-question of F146 V1 Q20 "Have doctors, nurse, assistant".
Sas Name: NEWDR3Y_6 **Categories:** Health Care
Sas Label: Health care provider changed last 3 yrs
Type: Categorical

Values

0	No
1	Yes

F146 Do you currently have health insurance

Do you currently have health insurance? This includes pre-paid private insurance such as Health Maintenance Organization (HMO), other private insurance, Medicare, Medicaid (including State Medical Assistance or Medi-Cal), or Miliary or Veterans Administration health care coverage.

Variable # 65 **Usage Notes:** none
Sas Name: HLTHINSR_6 **Categories:** Health Care: Insurance
Sas Label: Do you currently have health insurance
Type: Categorical

Values

0	No
1	Yes



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Describe health insurance coverage

Which of the following best describes the doctors and hospitals covered by your current health insurance?

Variable # 66
Sas Name: DRSCVRED_6
Sas Label: Describe health insurance coverage
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q21 "Do you have health insurance".
Categories: Health Care: Insurance

Values

1	Benefits are same for doctors I choose
2	I can use any doctors or hospital
3	I can only choose from a restricted list

F146 Prepaid private insurance/HMO

Pre-paid private insurance, such as a Health Maintenance Organization (HMO), Kaiser Permanente or other Group Health-type plan?

Variable # 67
Sas Name: INSPREPD_6
Sas Label: Prepaid private insurance/HMO
Type: Categorical

Usage Notes: none
Categories: Health Care: Insurance

Values

0	No
1	Yes

F146 Prepaid who pays/employer

Pre-paid/Costs are paid by my employer or my spouse's employer

Variable # 68
Sas Name: PPEMPD_6
Sas Label: Prepaid who pays/employer
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.1 "Prepaid private insurance/HMO".
Categories: Health Care: Insurance

Values

0	No
1	Yes

F146 Prepaid who pays/costs paid by me

Pre-paid/Costs are paid by me

Variable # 69
Sas Name: PPMEPD_6
Sas Label: Prepaid who pays/costs paid by me
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".
Sub-question of F146 V1 Q22.1 "Prepaid private insurance/HMO".
Categories: Health Care: Insurance

Values

0	No
1	Yes



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Data File: f146_av6_os_pub

File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 Prepaid who pays/medicare

Pre-paid/Medicare

Variable # 70**Sas Name:** PPMEDPD_6**Sas Label:** Prepaid who pays/medicare**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".

Sub-question of F146 V1 Q22.1 "Prepaid private insurance/HMO".

Categories: Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

F146 Other private insurance

Other private insurance such as Blue Cross, Aetna, etc.?

Variable # 71**Sas Name:** INSOTHPV_6**Sas Label:** Other private insurance**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".**Categories:** Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

F146 Other private who pays/employer

Other/Costs are paid by my employer or my spouse's employer

Variable # 72**Sas Name:** PRVEMPPD_6**Sas Label:** Other private who pays/employer**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".

Sub-question of F146 V1 Q22.3 "Other private insurance".

Categories: Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

F146 Other private who pays/costs paid by me

Other/Costs are paid by me

Variable # 73**Sas Name:** PRVMEPD_6**Sas Label:** Other private who pays/costs paid by me**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".

Sub-question of F146 V1 Q22.3 "Other private insurance".

Categories: Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

**F146 Medicare insurance**

Medicare?

Variable # 74**Sas Name:** INSMEDCR_6**Sas Label:** Medicare insurance**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".**Categories:** Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

F146 Medicare/Additional coverage supplements

Do you have additional coverage to supplement your Medicare benefits?

Variable # 75**Sas Name:** MEDADDCV_6**Sas Label:** Medicare/Additional coverage supplements**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".

Sub-question of F146 V1 Q22.5 "Medicare".

Categories: Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

F146 Medicaid insurance

Medicaid, including State Medical Assistance (for example, Medi-Cal)

Variable # 76**Sas Name:** INSMDCAD_6**Sas Label:** Medicaid insurance**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".**Categories:** Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----

F146 Military or VA sponsored insurance

Military or Veterans Administration-sponsored?

Variable # 77**Sas Name:** INSMTRY_6**Sas Label:** Military or VA sponsored insurance**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q22 "Do you have any of the following health ins".**Categories:** Health Care: Insurance**Values**

0	No
---	----

1	Yes
---	-----



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Other insurance

Other?

Variable # 78

Sas Name: INSOTHER_6

Sas Label: Other insurance

Type: Categorical

Values

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q22 "Do you have any of the following health ins".

Categories: Health Care: Insurance

F146 Natural hormones in past year

In the past year, did you use any natural hormones that you can get without a doctor's prescription? These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppository, or skin cream.

Variable # 79

Sas Name: NATHOR_6

Sas Label: Natural hormones in past year

Type: Categorical

Values

0	No
1	Yes
9	Don't know

Usage Notes: none

Categories: Medical History: Reproductive
Reproductive: Hormones

F146 Natural/wild yam cream

Wild yam cream

Variable # 80

Sas Name: YAMCRM_6

Sas Label: Natural/wild yam cream

Type: Categorical

Values

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones

F146 Natural/Wild yam pills

Wild yam pills

Variable # 81

Sas Name: YAMPLS_6

Sas Label: Natural/Wild yam pills

Type: Categorical

Values

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q23 "Natural hormones in past year".

Categories: Medical History: Reproductive
Reproductive: Hormones



Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub

File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 Natural/Progesterone cream

Progesterone cream

Variable # 82**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Sas Name:** PRGCRM_6**Sas Label:** Natural/Progesterone cream**Categories:** Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

0 No

1 Yes

F146 Natural/Progest suppositories

Progesterone suppositories

Variable # 83**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Sas Name:** PRGSUP_6**Sas Label:** Natural/Progest suppositories**Categories:** Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

0 No

1 Yes

F146 Natural/DHEA pills

DHEA (dehydroepiandrosterone pills)

Variable # 84**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Sas Name:** DHEAPL_6**Sas Label:** Natural/DHEA pills**Categories:** Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

0 No

1 Yes

F146 Natural/Phytoest pills/powder

Phytoestrogen pills or powder (soy or flax)

Variable # 85**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Sas Name:** PHYPLS_6**Sas Label:** Natural/Phytoest pills/powder**Categories:** Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

0 No

1 Yes

**F146 Natural/Phytoestrogen creams**

Phytoestrogen creams (soy or flax)

Variable # 86**Sas Name:** PHYCRM_6**Sas Label:** Natural/Phytoestrogen creams**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Categories:** Medical History: Reproductive
Reproductive: Hormones**Values**

0 No

1 Yes

F146 Natural/Phytoestrogen foods

Phytoestrogen enriched foods (tofu, soybeans)

Variable # 87**Sas Name:** PHYFDS_6**Sas Label:** Natural/Phytoestrogen foods**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Categories:** Medical History: Reproductive
Reproductive: Hormones**Values**

0 No

1 Yes

F146 Natural/Other

Other (Specify)

Variable # 88**Sas Name:** NTOTHR_6**Sas Label:** Natural/Other**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Categories:** Medical History: Reproductive
Reproductive: Hormones**Values**

0 No

1 Yes

F146 Natural/Don't know

Don't know

Variable # 89**Sas Name:** NTDNTK_6**Sas Label:** Natural/Don't know**Type:** Categorical**Usage Notes:** Sub-question of F146 V1 Q23 "Natural hormones in past year".**Categories:** Medical History: Reproductive
Reproductive: Hormones**Values**

0 No

1 Yes



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Used Fosamax or Calcitonin

In the past year, have you used Fosamax (alendronate) or Calcitonin?

Variable # 90

Sas Name: OSTPL_6

Sas Label: Used prescription osteoporosis medication

Type: Categorical

Usage Notes: none

Categories: Medical History: Medications

Values

0	No
1	Yes
9	Don't know

F146 Alendronate (Fosamax)

Alendronate (Fosamax)

Variable # 91

Sas Name: OSTALND_6

Sas Label: Alendronate (Fosamax)

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q24 "Used Fasomax or Calcitonin?".

Categories: Medical History: Medications

Values

0	No
1	Yes

F146 Calcitonin (Miacalcin)

Calcitonin (Miacalcin)

Variable # 92

Sas Name: OSTCALC_6

Sas Label: Calcitonin (Miacalcin)

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q24 "Used Fasomax or Calcitonin?".

Categories: Medical History: Medications

Values

0	No
1	Yes

F146 Don't know whether Fosamax or Calcitonin

Don't know

Variable # 93

Sas Name: OSTUNTK_6

Sas Label: Don't know what kind of osteoporosis medication

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q24 "Used Fasomax or Calcitonin?".

Categories: Medical History: Medications

Values

0	No
1	Yes



Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub

File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 Use non-estrogen prescription

In the past year, did you use any non-estrogen prescription treatments for hormone replacement? These may be prescribed to prevent osteoporosis and breast cancer and are sometimes called "designer estrogens" or selective estrogen receptor modulators (SERMs). Examples are Evista (Raloxifene) and Nolvadex (Tamoxifen).

Variable # 94**Usage Notes:** none**Sas Name:** SRM_6**Sas Label:** Use non-estrogen prescription**Categories:** Medical History: Medications**Type:** Categorical**Values**

0	No
1	Yes
9	Don't know

F146 Non-estrogen rx/Evista (Raloxifene)

Evista (Raloxifene)

Variable # 95**Usage Notes:** Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".**Sas Name:** SRMEVST_6**Sas Label:** Non-estrogen rx/Evista (Raloxifene)**Categories:** Medical History: Medications**Type:** Categorical**Values**

0	No
1	Yes

F146 Non-estrogen rx/Nolvadex (Tamoxifen)

Nolvadex (Tamoxifen)

Variable # 96**Usage Notes:** Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".**Sas Name:** SRMNOLU_6**Sas Label:** Non-estrogen rx/Nolvadex (Tamoxifen)**Categories:** Medical History: Medications**Type:** Categorical**Values**

0	No
1	Yes

F146 Non-estrogen rx/Other

Other (Specify)

Variable # 97**Usage Notes:** Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".**Sas Name:** SRMOTHR_6**Sas Label:** Non-estrogen rx/Other**Categories:** Medical History: Medications**Type:** Categorical**Values**

0	No
1	Yes

**F146 Non-estrogen rx/Don't know**

Don't know

Variable # 98**Usage Notes:** Sub-question of F146 V1 Q25 "Use non-estrogen prescription?".**Sas Name:** SRMDNTK_6**Categories:** Medical History: Medications**Sas Label:** Non-estrogen rx/Don't know**Type:** Categorical**Values**

0	No
1	Yes

F146 Used female hormones/past year

In the past year, did you use any female hormones (ESTROGEN or PROGESTERONE [also called PROGESTIN] that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shots, or vaginal cream or suppository.)

Variable # 99**Usage Notes:** none**Sas Name:** HRPST1YR_6**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Sas Label:** Used female hormones/past year**Type:** Categorical**Values**

0	No
1	Yes
9	Don't know

F146 Comb estr/progest pills/patch

In the past year, did you use female hormone PILLS or PATCHES prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill, patch, or package (for example, Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

Variable # 100**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".**Sas Name:** EPPLPA_6**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Sas Label:** Comb estr/progest pills/patch**Type:** Categorical**Values**

0	No
1	Yes
9	Don't know

F146 Months comb estr/progesterone

In the past year, how many months did you use COMBINED female hormone PILLS or PATCH which contained both ESTROGEN and PROGESTIN?

Variable # 101**Usage Notes:** Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q27 "Comb estr/progest pills/patch".**Sas Name:** EPDUR_6**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Sas Label:** Months comb estr/progesterone**Type:** Categorical**Values**

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

**F146 Which estr/progest combination**

Which combination did you use the longest?

Variable # 102

Sas Name: EPTYPE_6

Sas Label: Which estr/progest combination

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past

year".

Sub-question of F146 V1 Q27 "Comb estr/progest pills/patch".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1 Prempro

2 CombiPatch

3 Premphase

8 Other (Specify):

F146 Combined estr/testost pills

In the past year, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

Variable # 103

Sas Name: ETPL_6

Sas Label: Combined estr/testost pills

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0 No

1 Yes

9 Don't know

F146 Months used estr/testost pills

In the past year, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and TESTOSTERONE?

Variable # 104

Sas Name: ETDUR_6

Sas Label: Months used estr/testost pills

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q28 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1 Less than 1 month

2 1-6 months

3 7-10 months

4 11-12 months

**F146 Estr/testost pill used longest**

In the past year, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

Variable # 105

Sas Name: ETTYPE_6

Sas Label: Estr/testost pill used longest

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q28 "Combined estr/testost pills".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1 Estratest

2 Estratest HS

8 Other (Specify):

9 Don't know

F146 Estrogen pill,patch,cream,shot

In the past year, did you use any ESTROGEN pill, patch, cream or shots (other than the combination described in Qxs 27 and 28)?

Variable # 106

Sas Name: E_6

Sas Label: Estrogen pill,patch,cream,shot

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0 No

1 Yes

9 Don't know

F146 Did you use any Estrogen pill

Did you use an estrogen pill?

Variable # 107

Sas Name: EPL_6

Sas Label: Did you use any Estrogen pill

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0 No

1 Yes

F146 Months used estrogen pills

For how many months did you use the Estrogen pills?

Variable # 108

Sas Name: EPLDUR_6

Sas Label: Months used estrogen pills

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.1 "Did you use any Estrogen pill".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1 Less than 1 month

2 1-6 months

3 7-10 months

4 11-12 months

**F146 Kind of estrogen pills**

What kind did you take? (Mark the one used the longest if you used more than one kind.)

Variable # 109**Sas Name:** EPLTYPE_6**Sas Label:** Kind of estrogen pills**Type:** Categorical**Values**

1	Premarin or conjugated equine estrogens
2	Estrace or estradiol
3	Ogen or estropipate
4	Estratab or esterified estrogens
8	Other (Specify):
9	Don't know

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.1 "Did you use any Estrogen pill".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Did you use an estrogen patch?**

Did you use an estrogen patch?

Variable # 110**Sas Name:** EPCH_6**Sas Label:** Did you use an estrogen patch?**Type:** Categorical**Values**

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
On forms 143-145 this variable reflects estrogen use with or without progesterone.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 How many months used patch?**

For how many months did you use the patch?

Variable # 111**Sas Name:** EPCHDUR_6**Sas Label:** How many months used patch?**Type:** Categorical**Values**

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".
Sub-question of F146 V1 Q29.4 "Did you use an estrogen patch?".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Did you use an estrogen cream?**

Did you use an estrogen cream?

Variable # 112**Sas Name:** ECRM_6**Sas Label:** Did you use an estrogen cream?**Type:** Categorical**Values**

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F146 How many months used cream?**

For how many months did you use the cream?

Variable # 113**Sas Name:** ECRMDUR_6**Sas Label:** How many months used cream?**Type:** Categorical**Values**

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Sub-question of F146 V1 Q29.6 "Did you use an estrogen cream?".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Estrogen shots**

Did you have estrogen shots?

Variable # 114**Sas Name:** ESHT_6**Sas Label:** Estrogen shots**Type:** Categorical**Values**

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Months took estrogen shots**

For how many months did you have the shots?

Variable # 115**Sas Name:** ESHTDUR_6**Sas Label:** Months took estrogen shots**Type:** Categorical**Values**

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q29 "Estrogen pill,patch,cream,shot".

Sub-question of F146 V1 Q29.8 "Estrogen shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Progesterone pill, cream shot**

In the past year, did you use any PROGESTERONE or PROGESTIN pill, cream, or shots (other than the combinations described in Question 27)?

Variable # 116**Sas Name:** P_6**Sas Label:** Progesterone pill, cream shot**Type:** Categorical**Values**

0	No
1	Yes
9	Don't know

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

**F146 Progesterone pill or capsule**

Did you use a progesterone or progestin pill or capsule?

Variable # 117**Sas Name:** PPL_6**Sas Label:** Progesterone pill or capsule**Type:** Categorical**Values**

0	No
1	Yes

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Months progesterone pill/ caps**

For how many months did you use the pill or capsule?

Variable # 118**Sas Name:** PPLDUR_6**Sas Label:** Months progesterone pill/ caps**Type:** Categorical**Values**

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Sub-question of F146 V1 Q30.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**F146 Kind of progesterone**

What kind did you take (Mark the one used the longest if you used more than one kind)?

Variable # 119**Sas Name:** PPLTYPE_6**Sas Label:** Kind of progesterone**Type:** Categorical**Values**

1	Provera,Cycrin,Amen,Medroxyprogestrone
3	Prometrium
8	Other (Specify):
9	Don't know

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".

Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".

Sub-question of F146 V1 Q30.1 "Progesterone pill or capsule".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Progest pills days per month

How many days per month did you use it?

Variable # 120
Sas Name: PPLDAY_6
Sas Label: Progest pills days per month
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".
Sub-question of F146 V1 Q30.1 "Progesterone pill or capsule".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Less than 1 day
2	1-9 days
3	10-12 days
4	13-18 days
5	19-27 days
6	28 or more days

F146 Progesterone/Progestin cream

Did you use a progesterone or progestin cream?

Variable # 121
Sas Name: PCRM_6
Sas Label: Progesterone/Progestin cream
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0	No
1	Yes

F146 Months used progesterone cream

For how many months did you use progesterone or progestin cream?

Variable # 122
Sas Name: PCRMDUR_6
Sas Label: Months used progesterone cream
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".
Sub-question of F146 V1 Q30.5 "Progesterone/Progestin cream".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

F146 Have progesterone shots

Did you have progesterone or progestin shots?

Variable # 123
Sas Name: PSHT_6
Sas Label: Have progesterone shots
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

0	No
1	Yes



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Months used progesterone shots

For how many months did you have progesterone or progestin shots

Variable #	124
Sas Name:	PSHTDUR_6
Sas Label:	Months used progesterone shots
Type:	Categorical
Values	
1	Less than 1 month
2	1-6 months
3	7-10 months
4	11-12 months

Usage Notes: Sub-question of F146 V1 Q26 "Used female hormones/past year".
Sub-question of F146 V1 Q30 "Progesterone pill, cream shot".
Sub-question of F146 V1 Q30.7 "Have progesterone shots".

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

F146 Cataract(s)

Cataracts(s)

Variable #	125
Sas Name:	CATARACT_6
Sas Label:	Cataract(s)
Type:	Categorical
Values	
0	No
1	Yes

Usage Notes: none

Categories: Medical History: Other Disease/Condition

F146 Macular degeneration of retina

Macular degeneration of the retina

Variable #	126
Sas Name:	MACDEGMR_6
Sas Label:	Macular degeneration of retina
Type:	Categorical
Values	
0	No
1	Yes

Usage Notes: none

Categories: Medical History: Other Disease/Condition

F146 Asthma

Asthma

Variable #	127
Sas Name:	ASTHMA_6
Sas Label:	Asthma
Type:	Categorical
Values	
0	No
1	Yes

Usage Notes: none

Categories: Medical History: Other Disease/Condition



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Emphysema / chronic bronchitis

Emphysema or chronic bronchitis

Variable # 128
Sas Name: EMPHYSEM_6
Sas Label: Emphysema / chronic bronchitis
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

0	No
1	Yes

F146 Heart Failure

Heart failure or congestive heart failure

Variable # 129
Sas Name: CHF_6
Sas Label: Heart Failure
Type: Categorical

Usage Notes: none
Categories: Medical History: Cardiovascular

Values

0	No
1	Yes

F146 Angina

Angina (chest pains from the heart)

Variable # 130
Sas Name: ANGINA_6
Sas Label: Angina
Type: Categorical

Usage Notes: none
Categories: Medical History: Cardiovascular

Values

0	No
1	Yes

F146 Atrial fibrillation

Atrial fibrillation

Variable # 131
Sas Name: ATRIALFB_6
Sas Label: Atrial fibrillation
Type: Categorical

Usage Notes: none
Categories: Medical History: Cardiovascular

Values

0	No
1	Yes

**F146 Kidney or bladder stones**

Kidney or bladder stones (renal or urinary calculi)

Variable # 132**Usage Notes:** none**Sas Name:** KIDNEYST_6**Categories:** Medical History: Other Disease/Condition**Sas Label:** Kidney or bladder stones**Type:** Categorical**Values**

0	No
---	----

1	Yes
---	-----

F146 Dialysis for kidney failure

Dialysis for kidney or renal failure

Variable # 133**Usage Notes:** none**Sas Name:** KIDDIALY_6**Categories:** Medical History: Other Disease/Condition**Sas Label:** Dialysis for kidney failure**Type:** Categorical**Values**

0	No
---	----

1	Yes
---	-----

F146 Stomach or duodenal ulcer

Stomach or duodenal ulcer

Variable # 134**Usage Notes:** none**Sas Name:** STOMULCR_6**Categories:** Medical History: Other Disease/Condition**Sas Label:** Stomach or duodenal ulcer**Type:** Categorical**Values**

0	No
---	----

1	Yes
---	-----

F146 Diverticulitis

Diverticulitis

Variable # 135**Usage Notes:** none**Sas Name:** DIVERTIC_6**Categories:** Medical History: Other Disease/Condition**Sas Label:** Diverticulitis**Type:** Categorical**Values**

0	No
---	----

1	Yes
---	-----



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Pancreatitis

Pancreatitis (inflamed pancreas)

Variable #	136	Usage Notes:	none
Sas Name:	PANCREAT_6	Categories:	Medical History: Other Disease/Condition
Sas Label:	Pancreatitis		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Liver disease

Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)

Variable #	137	Usage Notes:	none
Sas Name:	LIVRDIS_6	Categories:	Medical History: Other Disease/Condition
Sas Label:	Liver disease		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Overactive thyroid

Overactive thyroid

Variable #	138	Usage Notes:	none
Sas Name:	OVRTHY_6	Categories:	Medical History: Thyroid
Sas Label:	Overactive thyroid		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Underactive thyroid

Underactive thyroid

Variable #	139	Usage Notes:	none
Sas Name:	UNDTHY_6	Categories:	Medical History: Thyroid
Sas Label:	Underactive thyroid		
Type:	Categorical		
Values			
0	No		
1	Yes		



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Alzheimer's disease

Alzheimer's disease

Variable #	140	Usage Notes:	none
Sas Name:	ALZHEIM_6	Categories:	Medical History: Other Disease/Condition
Sas Label:	Alzheimer's disease		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Multiple sclerosis

Multiple sclerosis

Variable #	141	Usage Notes:	none
Sas Name:	MS_6	Categories:	Medical History: Other Disease/Condition
Sas Label:	Multiple sclerosis		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Parkinson's disease

Parkinson's disease

Variable #	142	Usage Notes:	none
Sas Name:	PARKINS_6	Categories:	Medical History: Other Disease/Condition
Sas Label:	Parkinson's disease		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 ALS/Lou gehrig's disease

Amyotrophic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)

Variable #	143	Usage Notes:	none
Sas Name:	ALS_6	Categories:	Medical History: Other Disease/Condition
Sas Label:	ALS/Lou gehrig's disease		
Type:	Categorical		
Values			
0	No		
1	Yes		



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Family members with Alzheimer's

Has any member of your biological family (mother, father, sister, or brother) been diagnosed with Alzheimer's disease or senile dementia?

Variable #	144	Usage Notes:	none
Sas Name:	ALZREL_6	Categories:	Family: Family Medical History Medical History: Family Medical History
Sas Label:	Family members with Alzheimer's		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Alzhemiers Mother

Mother			
Variable #	145	Usage Notes:	Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Sas Name:	ALZMOM_6	Categories:	Family: Family Medical History Medical History: Family Medical History
Sas Label:	Alzhemiers Mother		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Alzhemiers Father

Father			
Variable #	146	Usage Notes:	Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Sas Name:	ALZDAD_6	Categories:	Family: Family Medical History Medical History: Family Medical History
Sas Label:	Alzhemiers Father		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Alzhemiers brother

Any brother			
Variable #	147	Usage Notes:	Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Sas Name:	ALZBRO_6	Categories:	Family: Family Medical History Medical History: Family Medical History
Sas Label:	Alzhemiers brother		
Type:	Categorical		
Values			
0	No		
1	Yes		



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Alzhemiers sister

Any sister

Variable # 148
Sas Name: ALZSIS_6
Sas Label: Alzhemiers sister
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q32 "Family members w/ Alzheimer's".
Categories: Family: Family Medical History
Medical History: Family Medical History

Values

0	No
1	Yes

F146 Current job - not working

Current job - Not working

Variable # 149
Sas Name: NOTWRK_6
Sas Label: Current job - not working
Type: Categorical

Usage Notes: none
Categories: Demographic: Work
Lifestyle: Work

Values

0	No
1	Yes

F146 Current job - retired

Current job - Retired

Variable # 150
Sas Name: RETIRED_6
Sas Label: Current job - retired
Type: Categorical

Usage Notes: none
Categories: Demographic: Work
Lifestyle: Work

Values

0	No
1	Yes

F146 Current job - homemaker

Current job - Homemaker, raising children, care of others

Variable # 151
Sas Name: HOMEMKR_6
Sas Label: Current job - homemaker
Type: Categorical

Usage Notes: none
Categories: Demographic: Work
Lifestyle: Work

Values

0	No
1	Yes



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Current job - employed

Current job - Employed (full or part-time)

Variable #	152	Usage Notes:	none
Sas Name:	EMPLOYED_6	Categories:	Demographic: Work Lifestyle: Work
Sas Label:	Current job - employed		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Current job - disabled

Current job - Disabled, unable to work

Variable #	153	Usage Notes:	none
Sas Name:	DISABLED_6	Categories:	Demographic: Work Lifestyle: Work
Sas Label:	Current job - disabled		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Current job - other

Current job - Other (Specify)

Variable #	154	Usage Notes:	none
Sas Name:	OTHWRK_6	Categories:	Demographic: Work Lifestyle: Work
Sas Label:	Current job - other		
Type:	Categorical		
Values			
0	No		
1	Yes		

F146 Current marital status

What is your current marital status? (Mark the one that best describes you.)

Variable #	155	Usage Notes:	none
Sas Name:	MARITAL_6	Categories:	Demographic
Sas Label:	Current marital status		
Type:	Categorical		
Values			
1	Never married		
2	Divorced or separated		
3	Widowed		
4	Presently married		
5	Living in a marriage like relationship		



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Husband job - not working

Husband/partner job - Not working

Variable # 156
Sas Name: PNOTWRK_6
Sas Label: Husband job - not working
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".
Categories: Family: Spouse/Partner Demographics

Values

0	No
1	Yes

F146 Husband job - retired

Husband/partner job - Retired

Variable # 157
Sas Name: PRETIRED_6
Sas Label: Husband job - retired
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".
Categories: Family: Spouse/Partner Demographics

Values

0	No
1	Yes

F146 Husband job - homemaker

Husband/partner job - Homemaker, raising children, care of others

Variable # 158
Sas Name: PHOMEMKR_6
Sas Label: Husband job - homemaker
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".
Categories: Family: Spouse/Partner Demographics

Values

0	No
1	Yes

F146 Husband job - employed

Husband/partner job - Employed (full or part-time)

Variable # 159
Sas Name: PEMPLOY_6
Sas Label: Husband job - employed
Type: Categorical

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".
Categories: Family: Spouse/Partner Demographics

Values

0	No
1	Yes



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Husband job - disabled

Husband/partner job - Disabled, unable to work

Variable # 160

Sas Name: PDISABLE_6

Sas Label: Husband job - disabled

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

Values

0	No
1	Yes

F146 Husband job - other

Husband/partner job - Other (Specify)

Variable # 161

Sas Name: POTHWRK_6

Sas Label: Husband job - other

Type: Categorical

Usage Notes: Sub-question of F146 V1 Q34 "Current marital status".

Categories: Family: Spouse/Partner Demographics

Values

0	No
1	Yes

F146 How many people in household

How many people, including yourself, live in your household as members of your family (whom you support or who contribute to supporting your family)?

Variable # 162

Sas Name: HSHLDALL_6

Sas Label: How many people in household

Type: Categorical

Usage Notes: none

Categories: Demographic

Values

1	One
2	Two
3	Three
4	Four
5	Five or more



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 How many under 18 years in household

How many of these people are under 18 years old?

Variable # 163

Sas Name: HSHLDLS18_6

Sas Label: How many under 18 years in household

Type: Categorical

Usage Notes: none

Categories: Demographic

Values

0	None
1	One
2	Two
3	Three
4	Four
5	Five or more

F146 How many between 18-64 years in household

How many are between 18 and 64 years old (including yourself)?

Variable # 164

Sas Name: HSHLD1864

Sas Label: How many betw 18-64 years in household

Type: Categorical

Usage Notes: none

Categories: Demographic

Values

0	None
1	One
2	Two
3	Three
4	Four
5	Five or more

F146 How many 65 yrs and older in household

How many are 65 years or older (including yourself)?

Variable # 165

Sas Name: HSHLDGR65

Sas Label: How many 65 yrs and older in household

Type: Categorical

Usage Notes: none

Categories: Demographic

Values

0	None
1	One
2	Two
3	Three
4	Four
5	Five or more



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Total family income

What was the total family income (before taxes) from all sources within your household (including paychecks, social security, retirement income, and public assistance) in the last year? (Mark the one that is your best guess.)

Variable # 166

Sas Name: INCOME_6

Sas Label: Total family income

Type: Categorical

Usage Notes: none

Categories: Demographic
Family: Spouse/Partner Demographics

Values	
1	Less than \$7000
2	\$7000 to \$9,999
3	\$10,000 to \$11,999
4	\$12,000 to \$15,999
5	\$16,000 to \$19,999
6	\$20,000 to \$24,999
7	\$25,000 to \$29,999
8	\$30,000 to \$34,999
9	\$35,000 to \$49,999
10	\$50,000 to \$74,999
11	\$75,000 to \$99,999
12	\$100,000 to \$149,999
13	\$150,000 or more
99	Don't know

F146 How long maintain standard of living

If you lost the sources of household income listed in Question 36, how long could you continue to live at your current address and standard of living? (Mark the one that is your best guess.)

Variable # 167

Sas Name: STNDLIVG_6

Sas Label: How long maintain standard of living

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Standard of Living

Values	
1	Less than 1 month
2	1 to 2 months
3	3 to 6 months
4	7 to 12 months
5	more than 1 year



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Data File: f146_av6_os_pub

File Date: 08/01/2007

Structure: One row per participant

Population: OS participants

F146 Total family savings

Altogether, what is your current total family savings, assets, retirement and pensions plans, and property from all sources within your household? (Include the total value of your home and car(s) minus the amounts still owed.) (Mark the one that is your best guess.)

Variable # 168

Usage Notes: none

Sas Name: FAMSAVNG_6

Sas Label: Total family savings

Categories: Demographic
Lifestyle: Standard of Living

Type: Categorical

Values

1	Less than \$500
2	\$500 to \$4,999
3	\$5,000 to \$9,999
4	\$10,000 to \$24,999
5	\$25,000 to \$49,999
6	\$50,000 to \$99,999
7	\$100,000 to \$199,999
8	\$200,000 to \$499,999
9	\$500,000 or more
99	Don't know

F146 Total family debt

What is the total family debt within your household from such things as credit card charges, medical or legal bills, and loans from banks or relatives? (Do not include mortgage or car loans. (Mark the one that is your best guess.)

Variable # 169

Usage Notes: none

Sas Name: FAMDEBT_6

Sas Label: Total family debt

Categories: Demographic
Lifestyle: Standard of Living

Type: Categorical

Values

1	Less than \$2,000
2	\$2,000 to \$4,999
3	\$5,000 to \$9,999
4	\$10,000 to \$19,999
5	\$20,000 to \$49,999
6	\$50,000 to \$99,999
7	\$100,000 or greater
9	Don't know

F146 Hard time making ends meet 1 year ago

1 year ago, did you have a hard time making ends meet (paying rent, buying food, paying for other necessities)?

Variable # 170

Usage Notes: none

Sas Name: HRDTM1YR_6

Sas Label: Hard time making ends meet 1 year ago

Categories: Lifestyle: Standard of Living

Type: Categorical

Values

0	No
1	Yes



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Hard time making ends meet 2 years ago

2 years ago, did you have a hard time making ends meet (paying rent, buying food, paying for other necessities)?

Variable # 171 **Usage Notes:** none
Sas Name: HRDTM2YR_6
Sas Label: Hard time making ends meet 2 years ago **Categories:** Lifestyle: Standard of Living
Type: Categorical

Values

0	No
1	Yes

F146 Hard time making ends meet 3 years ago

3 years ago, did you have a hard time making ends meet (paying rent, buying food, paying for other necessities)?

Variable # 172 **Usage Notes:** none
Sas Name: HRDTM3YR_6
Sas Label: Hard time making ends meet 3 years ago **Categories:** Lifestyle: Standard of Living
Type: Categorical

Values

0	No
1	Yes

F146 Finances 1 year ago

Compared to this year, were your finances better off, the same, or worse off 1 year ago?

Variable # 173 **Usage Notes:** none
Sas Name: FINAN1YR_6
Sas Label: Finances 1 year ago **Categories:** Lifestyle: Standard of Living
Type: Categorical

Values

1	Better off than now
2	The same as now
3	Worse off than now

F146 Finances 2 years ago

Compared to this year, were your finances better off, the same, or worse off 2 years ago?

Variable # 174 **Usage Notes:** none
Sas Name: FINAN2YR_6
Sas Label: Finances 2 years ago **Categories:** Lifestyle: Standard of Living
Type: Categorical

Values

1	Better off than now
2	The same as now
3	Worse off than now



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Finances 3 years ago

Compared to this year, were your finances better off, the same, or worse off 3 years ago?

Variable # 175
Sas Name: FINAN3YR_6
Sas Label: Finances 3 years ago
Type: Categorical

Usage Notes: none
Categories: Lifestyle: Standard of Living

Values

1	Better off than now
2	The same as now
3	Worse off than now

F146 Food eaten in household

Which one of these statements best describes the food eaten in your household in the last year?

Variable # 176
Sas Name: HHOLDFD_6
Sas Label: Food eaten in household
Type: Categorical

Usage Notes: none
Categories: Lifestyle: Standard of Living

Values

1	Enough to eat of desired kind
2	Enough to eat not always of desired kind
3	Sometimes did not have enough food
4	Often did not have enough food to eat

F146 Food assistance - None

Food program - None

Variable # 177
Sas Name: FDASSTNO_6
Sas Label: Food assistance - None
Type: Categorical

Usage Notes: none
Categories: Lifestyle: Standard of Living

Values

0	No
1	Yes

F146 Food assistance - Meals on Wheels

Food program - Meals on Wheels

Variable # 178
Sas Name: FDASSTMW_6
Sas Label: Food assistance - Meals on Wheels
Type: Categorical

Usage Notes: none
Categories: Lifestyle: Standard of Living

Values

0	No
1	Yes



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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Food assistance - Free/Reduced

Food program - Free or reduced cost meals for the elderly

Variable # 179

Sas Name: FDASSTFR_6

Sas Label: Food assistance - Free/Reduced

Type: Categorical

Values

0	No
1	Yes

Usage Notes: none

Categories: Lifestyle: Standard of Living

F146 Food assistance - USDA

Food program - USDA or government commodity foods

Variable # 180

Sas Name: FDASSTUS_6

Sas Label: Food assistance - USDA

Type: Categorical

Values

0	No
1	Yes

Usage Notes: none

Categories: Lifestyle: Standard of Living

F146 Food assistance - Food Stamps

Food program - Food stamps, free or reduced cost school lunches, WIC (Women, Infant, and Children Feeding Program), or free or reduced-cost meals at day care or Head Start

Variable # 181

Sas Name: FDASSTFS_6

Sas Label: Food assistance - Food Stamps

Type: Categorical

Values

0	No
1	Yes

Usage Notes: none

Categories: Lifestyle: Standard of Living

F146 Food assistance - Food bank

Food program - Community Food Bank or Pantry or other free food or food vouchers

Variable # 182

Sas Name: FDASSTFB_6

Sas Label: Food assistance - Food bank

Type: Categorical

Values

0	No
1	Yes

Usage Notes: none

Categories: Lifestyle: Standard of Living



WHI Follow-Up Dataset
Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

F146 Language

Language

Variable #	183	Usage Notes:	none
Sas Name:	F146LANG	Categories:	Study: Administration
Sas Label:	Language		
Type:	Categorical		

Values

1	English
2	Spanish

Recreational phys activity per week

Computed from Form 146, questions 6, 7, 8, and 9. Total number of episodes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable #	184	Usage Notes:	none
Sas Name:	TEPIWK_6	Categories:	Computed Variables Physical Activity
Sas Label:	Recreational phys activity per week		
Type:	Continuous		

Recr. phys activity per week >= 20 Min

Computed from Form 146, questions 6, 6.1, 7, 7.1, 8, 8.1, 9, 9.1 and 7.6. Episodes per week of recreational physical activity of >=20 minutes duration (includes walking, mild, moderate and strenuous physical activity).

Variable #	185	Usage Notes:	none
Sas Name:	LEPITOT_6	Categories:	Computed Variables Physical Activity
Sas Label:	Recr. phys activity per week >= 20 Min		
Type:	Continuous		

Mod. to strenuous phys activity per week

Computed from Form 146, questions 6.2, 7, and 8. Episodes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable #	186	Usage Notes:	none
Sas Name:	MSEPIWK_6	Categories:	Computed Variables Physical Activity
Sas Label:	Mod. to strenuous phys activity per week		
Type:	Continuous		

Mod-stren activity > 20 min/week

Computed from Form 146, questions 6, 6.1, 6.2, 7, 7.1, 8 and 8.1. Episodes per week of moderate and strenuous recreational physical activity of >=20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable #	187	Usage Notes:	none
Sas Name:	XMLSEPI_6	Categories:	Computed Variables Physical Activity
Sas Label:	Mod-stren activity > 20 min/week		
Type:	Continuous		



Mod-stren activity >20 min/week (categ)

Computed from Form 146, questions 6, 6.1, 6.2,7, 7.1, 8, and 8.1. Categorical variable of episodes per week of moderate and strenuous recreational physical activity of >= 20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).
Computed from XLMSEPI and TEPIWK.

Variable # 188

Sas Name: LMSEPI_6

Sas Label: Mod-stren activity >20 min/week (categ)

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Physical Activity

Values	
1	No activity
2	Some activity of limited duration
3	2 to <4 episodes per week
4	4 episodes per week

Strenuous activity episodes per week

Computed from Form 146, question 7. Episodes per week of strenuous recreational physical activity.

Variable # 189

Sas Name: SEPIWK_6

Sas Label: Strenuous activity episodes per week

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Physical Activity

Values	
0	0
1	1
2	2
3	3
4	4
6	5 or more

Minutes of recr. phys activity per week

Computed from Form 146, questions 6, 6.1, 7, 7.1, 8, 8.1, 9, and 9.1. Total minutes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

Variable # 190

Sas Name: TMINWK_6

Sas Label: Minutes of recr. phys activity per week

Type: Continuous

Usage Notes: none

Categories: Computed Variables
Physical Activity

Minutes of mod-stren activity per week

Computed from Form 146, questions 6, 6.2, 7, and 8. Minutes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

Variable # 191

Sas Name: MSMINWK_6

Sas Label: Minutes of mod-stren activity per week

Type: Continuous

Usage Notes: none

Categories: Computed Variables
Physical Activity

**Minutes of stren. phys activity per week**

Computed from Form 146, questions 7 and 7.1. Minutes per week of strenuous recreational physical activity.

Variable # 192**Usage Notes:** none**Sas Name:** SMINWK_6**Sas Label:** Minutes of stren. phys activity per week**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Total MET-hours per week

Computed from Form 146, questions 6, 6.1, 6.2, 7, 7.1, 8, 8.1, 9 and 9.1. Total MET-hours per week. Expenditure of energy from recreational physical activity (includes walking, mild, moderate and strenuous physical activity in kcal/week/kg).

Variable # 193**Usage Notes:** none**Sas Name:** TEXPWK_6**Sas Label:** Total MET-hours per week**Categories:** Computed Variables
Physical Activity**Type:** Continuous

MET-hours per week from walking

Computed from Form 146, questions 6, 6.1, and 6.2. Expenditure of energy from physical activity from walking in kcal/week/kg (MET-hours per week).

Variable # 194**Usage Notes:** none**Sas Name:** WALKEXP_6**Sas Label:** MET-hours per week from walking**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expend from avg walking

Computed from Form 146, questions 6, 6.1 and 6.2. Energy expenditure from average walking (2-3 mph) in MET-hours per week. If question 6.2 (speed of walking) was marked as 'don't know' or was missing, the speed was assumed to be 2-3 mph.

Variable # 195**Usage Notes:** none**Sas Name:** AVWKEXP_6**Sas Label:** Energy expend from avg walking**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expend from walking fairly fast

Computed from Form 146, questions 6, 6.1 and 6.2 energy expenditure from walking fairly fast (3-4 mph) in MET-hours per week.

Variable # 196**Usage Notes:** none**Sas Name:** FFWKEXP_6**Sas Label:** Energy expend fr walking fairly fast**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expend from walking very fast

Computed from Form 146, questions 6, 6.1 and 6.2 Energy expenditure from walking very fast (> 4 mph) in MET-hours per week.

Variable # 197**Usage Notes:** none**Sas Name:** VFWKEXP_6**Sas Label:** Energy expend from walking very fast**Categories:** Computed Variables
Physical Activity**Type:** Continuous



Form 146 - OS Questionnaire Year 6

Data File: f146_av6_os_pub File Date: 08/01/2007 Structure: One row per participant Population: OS participants

Energy expenditure from hard exercise

Computed from Form 146, questions 7 and 7.1. Energy expenditure from strenuous or very hard exercise (for example, aerobics, aerobic dancing, jogging, tennis, swimming laps) in MET-hours per week.

Variable # 198 Usage Notes: none

Sas Name: HARDEXP_6

Sas Label: Energy expenditure from hard exercise Categories: Computed Variables
Physical Activity

Type: Continuous

Energy expenditure from mod. exercise

Computed from Form 146, questions 8 and 8.1. Energy expenditure from moderate exercise (for example, biking outdoors, using an exercise machine, calisthenics, easy swimming, popular or folk dancing) in MET-hours per week.

Variable # 199 Usage Notes: none

Sas Name: MODEXP_6

Sas Label: Energy expend from moderate exercise Categories: Computed Variables
Physical Activity

Type: Continuous

Energy expenditure from mild exercise

Computed from Form 146, questions 9 and 9.1. Energy expenditure from mild exercise (for example, slow dancing, bowling, golf) in MET-hours per week.

Variable # 200 Usage Notes: none

Sas Name: MILDEXP_6

Sas Label: Energy expenditure from mild exercise Categories: Computed Variables
Physical Activity

Type: Continuous

Estrogen use last year

Computed from Form 146, questions 26, 27, 28, 29, 29.1 and 29.4

Variable # 201 Usage Notes: none

Sas Name: EST_6

Sas Label: Estrogen use last year Categories: Computed Variables
Reproductive: Hormones

Type: Categorical

Values

0	No
1	Yes

Progesterone use last year

Computed from form 146, questions 26, 27, 30 and 30.1.

Variable # 202 Usage Notes: none

Sas Name: PRG_6

Sas Label: Progesterone use last year Categories: Computed Variables
Reproductive: Hormones

Type: Categorical

Values

0	No
1	Yes



WHI Follow-Up Dataset
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Data File: f146_av6_os_pub **File Date:** 08/01/2007 **Structure:** One row per participant **Population:** OS participants

Hormone use last year (estrog. or progest.)

Computed from variables "Progesterone use last year" and "Estrogen use last year".

Variable #	203	Usage Notes:	none
Sas Name:	HRT_6	Categories:	Computed Variables Reproductive: Hormones
Sas Label:	Hormone use last year (estrogen or progesterone)		
Type:	Categorical		

Values	
0	No
1	Yes
